

“It is the Spirit who leads us and shows what we must do for his love “

“Hold each and every one in your heart” St Angela

Awareness of little ways of helping



but sometimes being present with is the only thing available



Words can support someone in need or pain



not only need the help of sighted people but also friendship and support



Providing service and friendship in the Coffee Shop

Receiving by witnessing great courage and a spirit of joy in adversity.